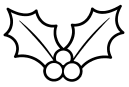
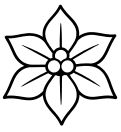
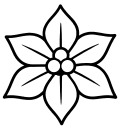
Kindness Countdown

Cut each door on three sides. Glue this on page 2.

1 	2 	3 	4 
5 	6 	7 	8 
9 	10 	11 	12 
13 	14 	15 	16 
17 	18 	19 	20 
21 	22 	23 	24 

© 2026 Eggroll Games



Kindness Countdown

Glue page 1 on top, at its edges. Open a door a day!

1 Say good morning to five people.	**2** Hold the door for someone.	**3** Help clean up without being asked.	**4** Draw a picture for a friend.
5 Say something kind about a classmate.	**6** Share a toy, a book or a game.	**7** Ask someone new to play with you.	**8** Write a thank-you note to a teacher.
9 Help with a chore at home.	**10** Read a story to someone younger.	**11** Tell your family three things you love about them.	**12** Let someone else go first.
13 Make a card for a neighbor.	**14** Thank someone who works at your school.	**15** Help a friend who is stuck.	**16** Pick up litter, with a grown-up.
17 Smile at everyone you see today.	**18** Call or write to someone you miss.	**19** Teach someone a game you know.	**20** Give away a toy you have outgrown.
21 Water a plant or help care for a pet.	**22** Be a good listener: let a friend talk first.	**23** Leave a kind note for someone to find.	**24** Do something kind and keep it a secret!

© 2026 Eggroll Games

Name _____ Date _____



My Kindness Log

Write the kind thing you did. Then color the heart.

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____

11 _____

12 _____

© 2026 Eggroll Games

Name _____ Date _____



My Kindness Log

Write the kind thing you did. Then color the heart.

13 _____ 

14 _____ 

15 _____ 

16 _____ 

17 _____ 

18 _____ 

19 _____ 

20 _____ 

21 _____ 

22 _____ 

23 _____ 

24 _____ 

© 2026 Eggroll Games

Name _____ Date _____



Kindness I Saw

Draw a time someone was kind. Then write about it.

I saw

It made me feel

© 2026 Eggroll Games



Kindness Coupons

Fill in the coupons, color them and cut them out.

Kindness Coupon



This coupon is good for:

One big hug

To: _____ From: _____

Kindness Coupon



This coupon is good for:

I will help you clean up

To: _____ From: _____

Kindness Coupon



This coupon is good for:

I will read you a story

To: _____ From: _____

Kindness Coupon



This coupon is good for:

I will draw you a picture

To: _____ From: _____

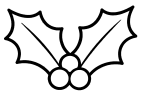
Kindness Coupon



This coupon is good for: _____

To: _____ From: _____

Kindness Coupon



This coupon is good for: _____

To: _____ From: _____

© 2026 Eggroll Games