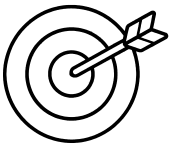
Name _____ Date _____



New Year Goals

Draw a goal for each place. Then write about it.

At school

I will

At home

I will

Just for fun

I will

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Name _____ Date _____



New Year Goals

Plan a goal you can work on all year. Fill in each box.

My goal What do you want to do or get better at?

Why it matters to me

Step 1

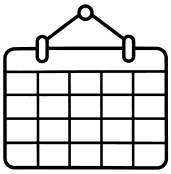
Step 2

Step 3

Who can help me

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Name _____ Date _____



New Year Goals

Track your goal in January 2027. Color each day you work on it.

My goal _____

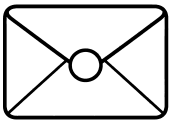
January 2027

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

How did my first month go?

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Name _____ Date _____



New Year Goals

Write a letter to yourself. Open it in June 2027.

Tell your future self your goal for this year and what you are like right now. Then fold the letter and keep it until June.

date _____

greeting Dear _____

body _____

closing From, _____

your name _____

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Name _____ Date _____



New Year Goals

Write about a habit to start and a habit to stop.

What is one good habit you would like to start this year? Why?

What is one habit you would like to stop? What could you do instead?

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